



**This Mornings Service will be taken by
Rev'd Julie Coates**

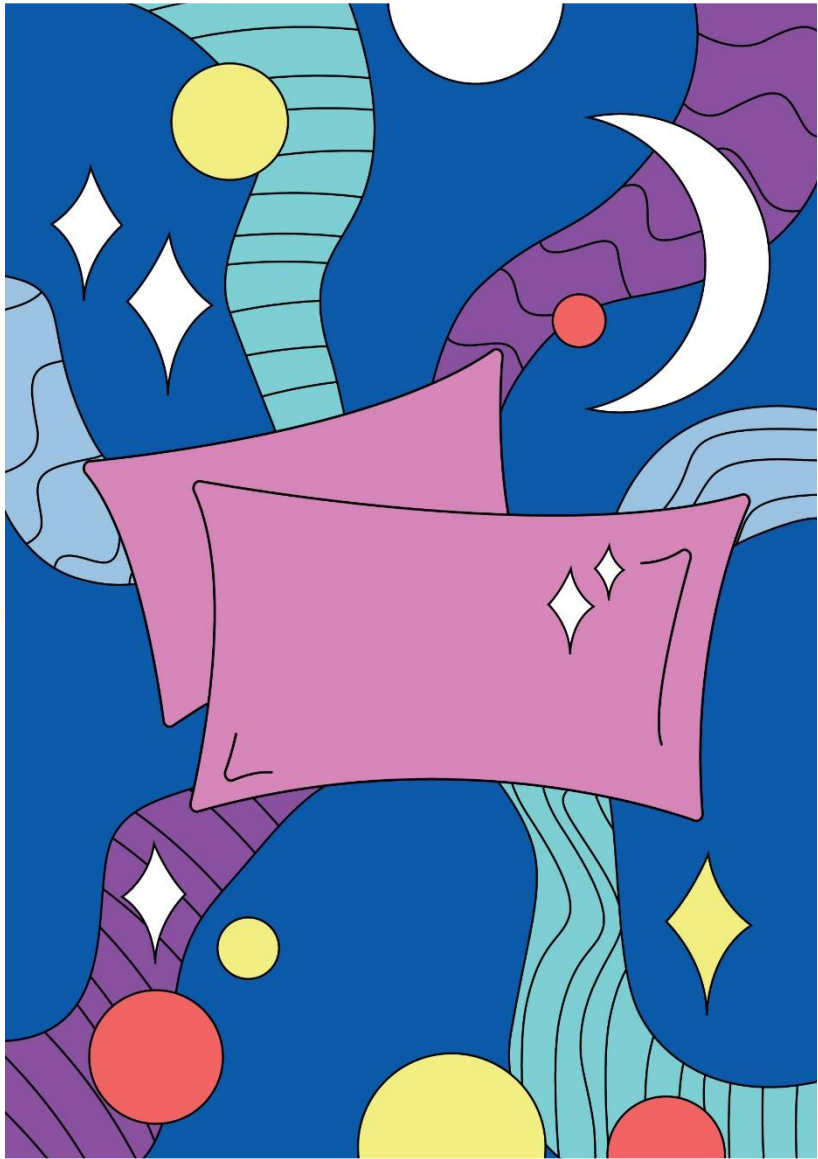
23/03/2025

Grove Street Methodist Church

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Lent 3: Soul Rest

Sunday 23 March 2025



*Give us this day our daily bread to give
our soul rest.*

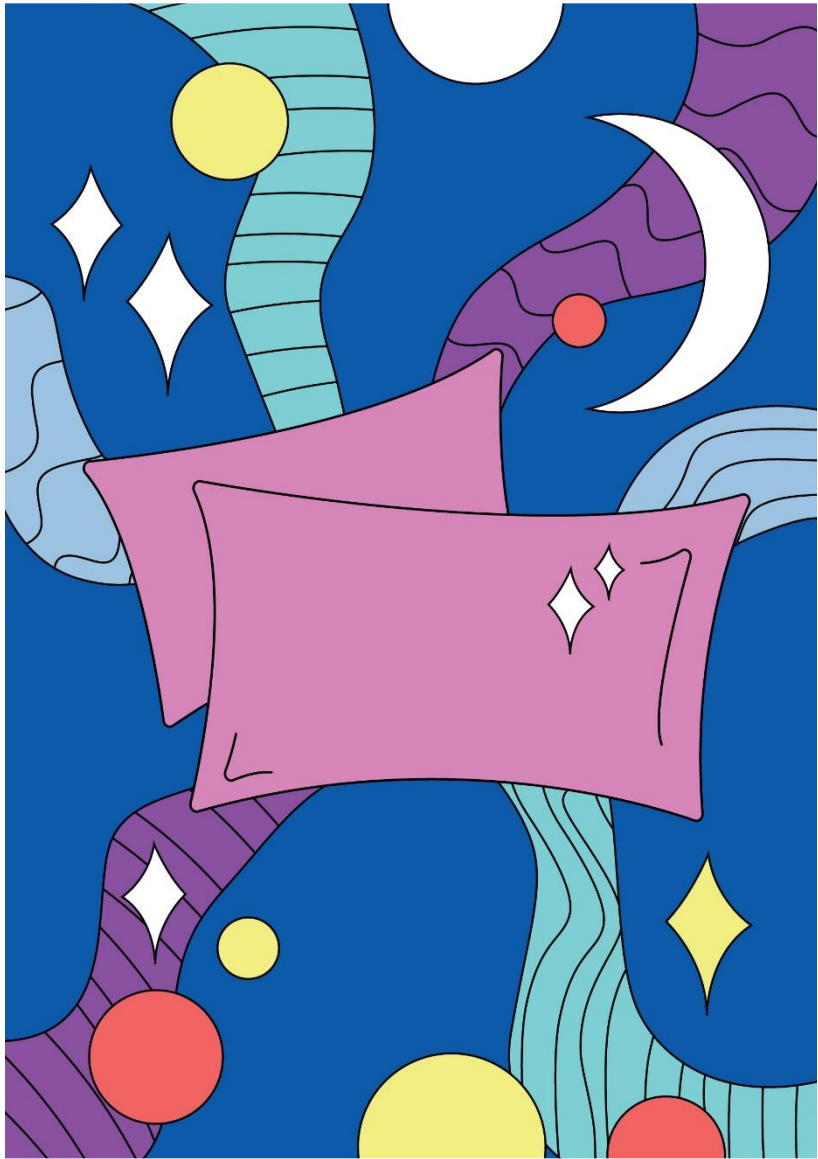
**In a fast-paced world that seems
never to rest or sleep, in an internet
world of immediate response...**

*Give us this day our daily bread to give
our soul rest.*

**Let us find that calm centre, that
stillness and rest, that moment of
comfort, refreshment and peace...**

Lent 3: Soul Rest

Sunday 23 March 2025



*Give us this day our daily bread to give
our soul rest.*

**To find meaning and purpose, to see
the way forward, with you as our
pillow in the moment of tiredness.**

**O Lord our God, on this Lenten
journey,
let us rest in the knowledge of your
peace
and your calm. Amen.**

Introduction to the theme



Hunger For God

“Holy Desperation”

Psalm 63:1-8



**As water to the thirsty,
As beauty to the eyes,
As strength that follows weakness,
As truth instead of lies;
As song-time and springtime
and summertime to be,
So is my Lord,
my living Lord,
So is my Lord to me.**

**Like calm in place of clamor
Like peace that follows pain,
Like meeting after parting,
Like sunshine after rain;
Like moonlight and starlight
and sunlight on the sea,
So is my Lord,
my living Lord,
So is my Lord to me.**

**As sleep that follows fever,
As gold instead of grey,
As freedom after bondage,
As sunrise to the day;
As home to the traveller
and all he longs to see,
So is my Lord,
my living Lord,
So is my Lord to me.**

Last Verse



Reflection



Blessing

